

center

cafe

# drinks

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**espresso coffee**

**4.00** medium / **5.00** large

**drinks** (hot or iced)

**latte** 130 calories

**cappuccino** 130 calories

**macchiato** 5 calories

**americano** 5 calories

**red eye** 25 calories  
(espresso shot + coffee)

**espresso shot**

**3.00**

**add flavor shot**

**.75**

(french vanilla, caramel, hazelnut,  
mocha, white mocha, salted chocolate caramel)

calorie contents vary

# drinks

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**thomas signature  
blend coffee** (hot or iced) **2.50** medium / **3.00** large

**regular + decaf** 5 calories

**hot tea** 5-15 calories **2.50** medium / **3.00** large  
(assorted selection of teas)

**iced tea** 0 calories **2.50** medium / **3.00** large

**high brew** 90 calories **5.00**  
(cold brew coffee drink)

**fitz's st. louis craft sodas** 160 calories **2.75**

**assorted juices** 220-230 calories **3.50**

**assorted bottled sodas** 0-250 calories **2.50**

**bottled water** 0 calories **2.50**

**sparkling water** 0 calories **2.50**

**smoothies** 80 – 170 calories **4.00**

**bai water** 5 calories **4.00**

# food

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***signature seasonal  
fried pies*** 380-390 calories 4.00

**seasonal whole fruit** 90-150 calories 2.00

**assorted yogurts** 2.50

***signature house  
baked bagels*** 360-380 calories 1.50

**assorted cream cheese  
spreads** 1.50

Veggie spread (170 calories)

Smoked bacon spread (210 calories)

Honey pecan spread (240 calories)

**hot pressed  
bagel sandwich** 610 calories 6.00

(Egg and cheddar cheese with  
smoked bacon spread)

# food

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**smoked turkey on  
grilled sourdough** 660 calories **7.00**

(cheddar cheese, greens, tomato and smoked bacon spread)

**hot pressed portabello** **7.00**

**sandwich** 680 calories

(whole grain bread, tomato, mozzarella and pesto)

**smoked bacon** **8.00**

**flatbread** 900 calories

(roasted tomato sauce, red onion, chili flake)

**tomato, mozzarella** **8.00**

**flatbread** 870 calories

(pesto, toasted pine nut)

***signature flatbread*** **8.00**

***of the day*** 850-920 calories

**soulard chopped salad** 800 calories **8.00**

(grilled portabella mushrooms, hard-boiled egg, grape tomatoes, roasted corn, provolone, spinach, creamy parmesan dressing, field greens)

**chips** **2.00**

**assorted kind bars** **2.00**